



How to wear a facemask

- Only touch the mask on the ribbons or strings. Do not touch the mask itself when putting it on.
- Make sure it is covering your mouth, nose and chin.
- Wash your hands after touching the mask
- After using the mask keep it in a closed container or a plastic bag until cleaning.





Ways to clean the mask

- 1. Wash it in your washing maschine at 60 degrees. Use detergent.
- 2. Cook water in a pot and add detergent. Cook the mask for 5 minutes.
- 3. Cook water in a kettle, mix detergent and water in a bowl and leave the mask in it for 5 minutes.
- 4. Iron the mask through a clean towel until it feels hot.